

S P R I N G 2 0 1 3 E D I T I O N

the UPLIFT NEWSLETTER

“TAKING CARE AND COMPASSION TO THE HOMELESS”

We, who acknowledge God’s providence and fidelity to His people, especially those in poverty, do dedicate our efforts toward the support of those who are homeless. Our goal is to deliver to the homeless those basic human needs, care and compassion that is not usually received from other organizations.”

✧ A Letter from our New President ✧

My name is Kathy Dean; I have been married to my husband, Leo, for 35 years in July. We have two daughters, Angie and Melissa and two grandchildren Hannah and Brayden.



Anyone who knows me can tell you that the three most important things in my life are my faith, my family, and Uplift. I have been involved with Uplift for eight years, and in those years I have been a volunteer on the truck, a driver, a BOD member, Vice President of Internal Operations and now President. Joe has done a great job leading this organization and will continue to work with me to make sure that this is a smooth transition.

My passion and my heart are on the streets of Kansas City. I drive the central route the 1st and 3rd Monday each month which is the greatest blessing of all. I knew the first time I went out that this was my calling. The thing that makes Uplift so special to me is that we don’t judge the people that we serve. We give them our time, attention, hugs, smiles and most of all we give them respect. I love the saying “if you treat a man as he is, he will stay as he is. But if you treat a man as what he can become, he will become that man.”

My goal as President is to do whatever it takes to make it possible for us to continue the mission that we have so successfully accomplished for the past 22 years, “Taking CARE and COMPASSION to the Homeless.” I wish that there were no homeless people anywhere in the world; I wish that everyone was healthy, happy and had everything needed to live a comfortable life. But that is not the way it is. There will always be homeless people that need our help, and God willing that is what we will continue to do. What a wonderful opportunity I have been blessed with.

~ Kathy Dean

Board of Directors

- Kathy Smith
- Dan Schipfer
- Kathy Dean
- Greg Lebold
- Heather Rowe
- Chevy Cargol
- Jim Schmidt
- Jennifer Schmidt
- Jim Burton
- Lisa Snead
- Trinidad Molina
- Andre Logan
- Roger Claypool
- Brian Komar

2013 FIRST QUARTER STATS

Number of Volunteers.....	589
Number of Volunteer Hours.....	3,372
Number of Homeless Served.....	4,751
Number of Camps Visited.....	1,292



CHANGE...



Dear Donors and Volunteers,

Thank you for your generosity, on going support and time as we make our way into the 2nd quarter of 2013. On my way into work this morning I noticed several trees and flowers blooming with the coming spring season. "Change" was the first word that popped into my head as nature transforms before our eyes. For me spring is a reminder that change is enviable. For Uplift, the term change is more relevant than ever. Uplift's practice of outreach services have been under more scrutiny in the past three months than in our previous 22 years. Uplift's leadership has been working to listen to the concerns expressed by KCMO PD and the Mayor's Office over the course of the past several months and two public meetings. What initially started as a concern for one neighborhood's public park due to a homeless camp has quickly escalated to outreach practices coming under fire for meeting people's basic needs, the need for food and companionship. We have worked to take this experience as an opportunity to step back and evaluate our practice. Although the changes that Uplift and other outreach programs will be required to make are unclear, the leadership and BOD is determined to continue to serve the homeless in our community who are most vulnerable and at risk. Please keep an eye on the website for current information.

As my family grows my time for change is here as well. As of the last BOD meeting I stepped down from my role as the President. My time with Uplift has been so very memorable, inspiring and challenging. I look forward to keeping the many friendships that I have made close in the coming years. Kathy Dean will do a wonderful job leading Uplift through this upcoming change and beyond. I wish you a wonderful and blessed spring season.

Thank you,
Joe Kordalski

WELCOME NEW BOARD MEMBERS

Trinidad Molina
Roger Claypool
Brian Komar

SPECIAL THANKS

Holy Spirit Catholic Church
Church of the Resurrection
Missouri Poster

STAY CONNECTED...

Uplift Volunteers & Donors can now:

- Visit our website at www.uplift.org
- Sign up to receive our newsletter and blog updates via email - go to our website and click on Blog to subscribe
- Follow us on Facebook

You may have noticed a few changes to our newsletter. We hope you enjoy the new look! If you have any articles or comments please send them to the editor: Heather Rowe hgreenlaw_01@yahoo.com.

Changes of address should be sent to Jennie Wheeling at jen3x9@hotmail.com

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FEATURED COOK...KATHY SMITH

Twenty years ago I read an article in "The Kansas City Star" about Uplift Organization. They were seeking cooks. Being a "foodie" and owning over 100 cookbooks, I was in!

With my cooking experience (I was teaching classes at the Culinary Center) I thought I was ready to cook for 30 to 60 people. I was so wrong! But after 3 or 4 months of trials and error, I began to be proud of my contributions to Uplift. It took time to find recipes and learn how to double and triple ingredients. I soon learned that taking a recipe times four and the liquids times five worked. No more burned dishes and messy clean ups!

I want to share with you a recipe for tomato sauce that I have used for many years over and over again, with perfect results. I can trade out the basil for oregano. I can heat it up with additional crushed red pepper, and I can put in as much garlic as I want and it still works! It is a fast and easy recipe that I use for all my Italian dishes.



4 tbs olive oil
2 cups chopped onions
2 tbs minced garlic
1 tbs dried basil (or oregano if you prefer)
1/2 tsp of crushed red pepper
2 28oz cans crushed tomatoes with added puree
2 14.5oz cans diced tomatoes
1 can tomato paste
1 cup water (or more if you want a thinner sauce)
Salt and pepper to taste

Heat olive oil and add the onions, garlic, basil, crushed red pepper. Sauté until the onions are soft. Add the remaining ingredients except for salt and pepper. Bring to a boil and then simmer for 5 minutes. Salt and pepper to taste.

This sauce is great for lasagna, meatballs, or any of your favorites. It is easily double or tripled to fit your cooking needs. The flavor is great whether you use it immediately or simmered for hours.

Enjoy!

VOLUNTEER OPPORTUNITIES

Outreach

Help deliver meals to the homeless. Uplift trucks "roll out" at 6pm on Mondays and Wednesdays. 5pm Saturdays. The average route takes 2-3 hours. Please call in advance to schedule your participation. Contact: Jo Bustamante at (816) 524-0024

Prepare Meals

Cooks are needed to prepare and deliver meals to Uplift for approximately 60 people. Recipes and instructions provided on our website at www.uplift.org. Call Margo Yerk at (816) 516-1304

Warehouse Sort Day

9:00 - 11:00 am. The second Saturday of every month we sort donations, stock our shelves, fold clothes, and have a good old time doing it. If you are planning on bringing a large group please contact us first. (816) 241-0060 or Email: upliftorg@att.net

S P R I N G 2 0 1 3 E D I T I O N



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IMPORTANT UPCOMING DATES

April 13th, 2013 Saturday	9:00 AM	Warehouse Sort Day
May 11th, 2013 Saturday	9:00 AM	Warehouse Sort Day
May 4th, 2013 Tuesday	7:00 PM	Board Meeting
June 8th, 2013 Saturday	9:00 AM	Warehouse Sort Day

A non-profit organization may elect to apply for the federal tax exemption status under 26 USC § 501(c)(3). An organization receiving a 501(c)(3) status gains certain privileges and obligations. It is exempt from paying federal income taxes (but still may be required to file annual income information). Additionally, all people and organizations that make contributions (money or property) to a 501(c)(3) organization can claim federal income tax deductions for their donations (to the extent allowable under, 26 USC § 170(c)(2).



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happenings!

When making your United Way contribution, please be aware that you may designate Uplift as the recipient of your gift through the donor choice program. This program is another way you can help us to help others.